

PUBLIC HEALTH CONNECTIONS

October 2017 Volume 17, Issue 10 **Bureau of Community Health Systems**

Susan Mosier, Secretary

Sam Brownback, Governor

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Coming Soon: Kansas Public Health Workforce Assessment Will Launch on October 16

by the Bureau of Community of Health Systems, KDHE

Partners from the Kansas Department of Health and Environment (KDHE), KUMC-MPH Program, Kansas State University MPH program, Wichita State University, Midwestern Public Health Training Center, local health departments and other public health organizations have worked together to develop an assessment for the entire public health workforce in Kansas which will launch on October 16.

Assessment results will help supply the information needed to identify, prioritize, and develop training opportunities for the work-force around the state and in specific public health organizations; provide individuals with an opportunity to think about their strengths as a public health professional and areas in which they might want to seek additional training; and support each organization's efforts toward accreditation.

The questions in the assessment are based on the Council on Linkages Core Competencies for Public Health Professionals and are divided into the following key dimensions of public health practice: Analytical/Assessment Skills; Policy Development/Program Planning Skills; Communication Skills; Cultural Competency Skills; Community Dimensions of Practice Skills; Public Health Sciences Skills; Financial Planning and Management Skills; Leadership and Systems Thinking Skills.

The assessment, which will be launched on October 16, 2017, and close on November 6, 2017, will be administered to over 1,000 employees at the KDHE and over 1,500 staff at local health departments across the state.

There will be a chance to win one of over eighty gift cards for completing an assessment. We look forward to your participation!

Cyber Security and All Hazards Preparedness Planning -

by the KDHE Preparedness Program

In 2016, the Healthcare Sector experienced more cyber incidents resulting in data breaches than any of the other 15 critical infrastructure sectors across the country. This is in part due to the healthcare industries lack of information systems security preparedness planning and budgetary support to information technology across the sector. The current increased focus on cybersecurity provides an opportunity for the health care industry to adapt and improve. See page 6 for an article providing some ideas on how to develop your plan.

Allen County Wins 2017 Culture of Health Prize

by the Robert Wood Johnson Foundation
The Robert Wood Johnson Foundation (RWJF) has awarded Allen County the 2017 RWJF Culture of Health Prize.
Allen County has been recognized, along with seven other communities, as leading some of the nation's most innovative efforts to build a national Culture of Health. The Culture of Health Prize honors and elevates American communities making great strides in their journey toward better health. Allen County was recognized for its work to improve the collective health of the community. In 2010, Allen County was placed 94 out of 105 counties in the state's County Health Rankings. This ranking was a catalyst for the county to implement changes to build a healthier, more prosperous community. As a result of their efforts, Allen County has already seen results:

- A new hospital, two new medical clinics, and increased access to health care with a 10 percent uninsured rate, down from 21 percent in 2013.
- Miles of new biking and hiking trails.
- Innovative solutions to tough issues such as poverty, hunger, and homelessness.

Congratulations, Allen County!



It's launched!

Check out the new KansasTRAIN site at http://www.train.org/ks/
Click here for more information!

Regional Public Health Meetings - 4th Quarter Topics Announced

by Teri Caudle, RN, PHN, Local Public Health Program Bureau of Community Health Systems, KDHE

The Regional Public Health Meetings are designed to connect local health departments with programs represented Health and best practices that will benefit the work you do within your communities.

The fourth guarter of 2017 regional public health meetings will offer a variety of useful information. Come with your thinking cap on and ready to discuss difficult nuisance situations that you have encountered. The agenda includes the following: the KDHE District Office Administrators will lead a discussion on nuisance complaint investigations and other environmental health topics; and Phil Griffin, KDHE Immunization Program Section Chief, will share updates, policies, and plans from the Immunization Program. Registration for the fourth quarter is available on KS-TRAIN, Course ID#1072956.

The dates and locations for the fourth quarter meetings are:

Southeast Region, Chanute, October 12

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- South Central Region, Hutchinson, November 1
- Southwest Region, Garden City, November 8
- Northwest Region, Oakley, November 9
- North Central Region, Beloit, December 6
- Northeast Region, Topeka, December 12

If you have ideas for regional meeting topics or questions regarding the meetings, please contact Teri Caudle at teri.caudle@ks.gov.

Kansas Community Health Worker Coalition

by Alissa Rankin, Project Manager, Center for Public Health Initiatives, Community Engagement Institute On Thursday, September 7, the Kansas Community Health Worker Coalition (KCHWC) met for the third collective, statewide meeting. Meeting at Rolling Hills Zoo in Salina, there were 45 participants in-Health Worker cluding academics, Community Health Workers (CHWs), CHW advocates and employers, philanthropy organizations, KanCare managed care organizations, local health departments, Kansas Department of

Health and Environment, and many others.

Agenda and discussion topics included modifications to the coalition structure where leadership consists of two cochairs from each committee and the coalition, up to seven regional representatives, and 50 percent of the leadership positions being held by CHWs. The seven regional representatives will provide a contact point for the future regional forums. During these forums, CHWs will be given the opportunity to share resources, celebrate successes, and solicit feedback/assistance from other CHWs.

The next KCHWC meeting will be on Thursday, December 6, online and via conference call. To learn more or to get involved, please contact Alissa Rankin at alissa.rankin@wichita.edu.



Cross-Jurisdictional Sharing Resources Available



by Kansas Health Institute and the Center for Sharing Public Health Services The Kansas Cross-Jurisdictional Sharing Workgroup, led by the Kansas Health Institute, has developed and released five resources for cross-jurisdictional sharing (CJS) in Kansas. All five have been developed in partnership with the Kansas Association of Local Health Departments INSTITUTE (KALHD), the Public Health Systems Group and staff from the Center for Sharing Public Health Services. The five resources include:

- Foundational Public Health Services and Opportunities for Cross-Jurisdictional Sharing in Kansas, a document that examines how two other states are using CJS to provide Foundational Public Health Services. The report examines how the Kansas public health system could consider similar strategies moving forward. Posted at http://www.khi.org/policy/article/17-10;
- Role-Play Exercise: Cross-Jurisdictional Sharing and Foundational Public Health Services, a document that leads participants through an exercise to understand the various perspectives and points of view that could develop when considering CJS arrangements. Posted at http://www.khi.org/policy/article/17-11;
- Authorities for Cross-Jurisdictional Sharing in Kansas, a document that describes the statutes and other frameworks that enable public health CJS. Posted at http://www.khi.org/policy/article/17-12;
- Local Board of Health Guidance for Cross-Jurisdictional Sharing Arrangements in Kansas, a document created specifically for local policymakers to introduce them to the concept of CJS and to explain how it has been used to deliver public health services in Kansas. This can be shared with board of health members. Posted at http:// www.khi.org/policy/article/17-13; and
- Case Study: Exploration of Public Health Shared Services in Butler and Greenwood Counties, a document about two county health departments that considered sharing a family planning program. Although the CJS arrangement did not move forward, some important lessons were learned as a result of the process. Posted at http:// www.khi.org/policy/article/17-14.

Local health department administrators can refer to and use these resources when questions about CJS arise in their communities. Additional information and CJS resources can be found at the Center for Sharing Public Health Services' website: http://phsharing.org/. The Center for Sharing Public Health Services is a national initiative managed by the Kansas Health Institute with support from the Robert Wood Johnson Foundation.

If there are additional questions about these tools or CJS in general, please contact Gianfranco Pezzino, M.D., M.P.H., Senior Fellow and Strategy Team Leader at the Kansas Health Institute and Co-Director of the Center for Sharing Public Health Services. He can be reached at gpezzino@khi.org.



Healthy Bones Start with Dairy

by the Midwest Dairy Council

The Midwest Dairy Council has a new resource available - Healthy Bones Start with Dairy. This downloadable brochure has information on why strong bones are important and how to build strong bones. It also contains three activities for children accompanied by a lesson plan or discussion for that activity. Visit MidwestDairy.com for additional educator resources, nutrition and health information, printable food models, videos, recipes, and much more

KHEL Reports Now Available Through Secure E-mail

by Kansas Department of Health and Environmental Laboratories

The Kansas Department of Health and Environmental Laboratories (KHEL) is excited to announce that Ine Kansas Department of Fleath laboratory reports can now be delivered via secure email. If your facility wishes to update their laboratory of report delivery method, please complete the form and return to the fax number indicated at the bottom of the form. This form can be found on the KHEL website at https://www.kdheks.gov/labs/index.html

The email reporting allows for all laboratory reports to be sent to a secure email account. Email notification for available laboratory reports are automatically transmitted to a single email account of your facility's preference. Laboratory report PDFs can then be obtained from a secure portal. The requirement to obtain laboratory reports via email is a secured email account with multiple user access.

Please note that this change, once implemented, is not retroactive. Any new specimens that are received once the change is made will be delivered via secure email to the address provided.

Population Health and Preparedness Statewide Webinar



The Kansas Department of Health and Environment (KDHE) hosts a Population Health and Preparedness Kansas Statewide Webinar on the fourth Tuesday of every month at 10 a.m. The next webinar will be October 24. To view minutes from the monthly calls, click the KDHE logo.

Quality Improvement Training at Riley County Health Department



by Jessica Fiscus, Project Manager, Center for Public Health Initiatives On Tuesday, September 12, team members from the Center for Public Health Initiatives (CPHI) at Wichita State's Community Engagement Institute delivered an all staff Quality Improvement training at the Riley County Health Department. The purposes of the day were to provide a foundation for the departments QI improvement efforts, and equip

staff with the knowledge, skills, and tools needed to successfully identify and carry out a Quality Improvement project. CHPI staff did this by providing interactive opportunities to learn about the QI process, the Plan-Do-

Check-Act cycle, and specific QI tools. This training was made possible by the Kansas Department of Health and Environment's Kansas Accreditation Readiness Project (KARP). The purpose of KARP is to assist local health departments achieve public health accreditation through collaboration with other health departments, personalized technical assistance and consultation. For more information on KARP, please contact Jessica Fiscus at Jessica.fiscus@wichita.edu.



Capillary Blood vs Filter Paper for Lead Testing - Evidenced Based Data



by Carvn Masters, MS. Health Laboratories Section Chief Kansas Department of Health and Environmental Laboratories

The filter paper blood lead collection and method, as opposed to the whole or capillary blood collection and method, has the risk of surface contamination, low extraction recoveries of lead, and nonreproducibility of blood spotting because of differences in hematocrit and hemoglobin. Bias can also be introduced by high and variable lead content of the filter paper or by contamination encountered in the sampling pro-

cess itself because the blood must be dropped onto the filter paper and air dried. In all, the filter paper itself, spotting technique, and surface contamination of capillary blood are sources of significant variability in blood lead testing and is a variable technology that demonstrates significant imprecision when used in clinical practices when compared to that of whole blood testing.

In terms of filter paper specimens, you are more than welcome, and even encouraged to collect capillary specimens as opposed to filter paper specimens. If you continue to use the filter paper method for blood lead collection and need a refresher training there is a course on KansasTRAIN at https://www.train.org/ks/, Kansas Blood Lead Filter Paper Testing Training, Course ID# 1009119.

Please see the attached document for instructions on how to collect a capillary blood lead specimen. A minimum of 500µL of blood in a lead free collection tube is required for testing. The Kansas Department of Health and Environmental Laboratories does not currently provide these tubes, but the supplies can be purchased at various websites, including Fisher Scientific, and Becton and Dickinson. Just make sure the ones you buy are lead free, item number, 22-253-270, BD Microtainer™ MAP Microtube for Automated Process with K2EDTA and BD Microgard™ Closure.

The instructions below will help you with the specimen collection and transport:

- Collection: Capillary Collect at least 500µL of blood in a lead free collection tube.
- Storage: Refrigerate overnight if not able to send day of collection.
- Transport: Transport at ambient temperature Category B overnight to KHEL.
- Shipment: Category B liquid specimens, the primary receptacle(s) must be leak-proof and must not contain more than 1 L. The primary or secondary receptacle(s) must be able to withstand, without leakage, an internal pressure producing a pressure differential of not less than 95 kPa in the range of -40°C to 55°C (-40°F to 130° F). For Biological Substance Category B (UN 3373) for both liquids and solids, cushioning material is required. Please see these links for pointers on shipping Category B clinical specimens: https://www.ups.com/us/en/helpcenter/packaging-and-supplies/special-care-shipments/hazardous-materials/responsibilities/diagnostic.page and http://images.fedex.com/downloads/shared/packagingtips/pointers.pdf.



Accreditation Corner

Local Health Departments Are Increasingly Using Quality Improvement to Improve Agency Performance



According to the National Association of County and City Health Officials' 2016 National Profile of Local Health Departments and newly released research briefs, local health departments across the United States have increased their implementation of agency-wide quality improvement (QI) over the past three years.

If your health department is beginning to use QI tools and methods, is working to institutionalize Qi, or is interested in expanding and enhancing your use of QI, the Public Health Foundation (PHF) has a wide variety of practical resources, tools, and expertise to help you be successful. Resources include the Quality Improvement Quick Guide, Quality Improvement Tools to Advance Public Health Performance, the Public Health Improvement Resource Center, and more. Visit the Public Health Foundation website for additional information on their QI resources.

Preparedness Corner

KS-TRAIN Course Available - IS-120.a: An Introduction to Exercise



IS-120.a: An Introduction to Exercise, Course ID# 1011646, introduces the basics of emergency management exercises. It also builds a foundation for subsequent exercise courses which provide the specifics of the Homeland Security Exercise and Evaluation Program (HSEEP) and the National Standard Exercise Curriculum (NSEC). This course is required to meet this year's preparedness requirements.

After the Flood: Mold-Specific Resources



The ASPR team has developed a resource with public messages, fact sheets, checklists, guidance documents, and other educational resources related to mold. The resource includes pre-scripted (and, in some cases, already recorded) public service announcements, as they are tangible and ready to implement examples of risk communication materials that can essentially be used immediately. Access the resource

KDEM Trainings



The Kansas Division of Emergency Management (KDEM) will be offering the G202 - Debris Management Planning Workshop in Salina on October 24 - 26. This is a workshop that has been highly requested. Space is limited; participants are encouraged to sign up early. The PER-304 and PER-344 Social Media classes are almost full - less than 10 spots left in each session. Don't miss your chance to learn best practices for using social media during disaster response and recovery.

Additional training opportunities can be found on the KDEM training schedule or on KS-TRAIN. The dates for the 2018 Tech Hazards LEPC Conference have been announced; the conference will be held on July 25-26, 2018, at the Capitol Plaza in Topeka. Registration information will be available soon on KDEM's website.

TRACIE Provides New Resources for Healthcare Coalitions

The Assistant Secretary for Preparedness and Response 's (ASPR's) Technical Resources, Assistance Center, and Information Exchange (TRACIE) has collaborated with the ASPR National Healthcare Preparedness Program (NHPP) to develop tools and templates for healthcare coalitions (HCCs). These new resources will improve HCC preparedness efforts, decision making processes, and operational planning. TRACLE While most ASPR TRACIE resources are applicable to HCCs and other stakeholders, a new page has

been developed to highlight select tools and other HCC resources, including over fifty HCC plans and templates received by ASPR TRACIE and vetted through their Subject Matter Expert Cadre. New tools and templates will continue to be added as needed. An overview of the resources is available online. View the new page with the tools and other HCC resources to access the plans, tools, and templates.

Don't Forget to Check Out the Ready Reader

The Ready Reader is developed by a taskforce representing emergency preparedness READY READER professionals, regulators, and advocacy associations from Kansas concerned with promoting compliance with the new CMS Emergency Preparedness conditions. The newsletters are available at http:// www.kdheks.gov/cphp/providers.htm and new issues become available on Tuesdays. To receive the newsletter directly

when it is released, send an email with your email address to Michael McNulty at mike.mcnulty@ks.gov.

All Hazards Preparedness Planning: Introduction to Cyber Security



The Centers for Medicare and Medicaid Services (CMS) Emergency Preparedness Final Rule has directed an all-hazards approach to emergency preparedness but has also singled out equipment and power failure, interruptions in communications and loss of a portion of your facility. All of this could be attributed to a cyber-attack. In 2016, the Healthcare Sector experienced more cyber incidents resulting in data breaches than any of the other 15 critical infrastructure sectors across the country. The current increased focus on cybersecurity provides an opportunity for the health care industry to adapt and improve.

Healthcare facilities across our state are diverse, complex and vary from very small to massive health systems. Discussions from across the country agree that there isn't one plan or template that would work for cyber-attack preparedness planning. This article contains a few tips for developing a cyber security plan.

First, a cyber security plan isn't like your normal all-hazard plan. Different personnel within your organization will need to be notified that are not part of your normal ICS or notification plan. Inventory of systems and prioritization of response and recovery will need to be reviewed. Legal ramifications and publicly allowed information will have to be discussed. Supporting organizations will be different than a normal COOP or preparedness plan.

As you consider the following five components, reflect on the following questions:

- Identify: Inventory your systems
 - Do you have an inventory of all your software systems?
 - Do you perform patch management?
 - Is your network segregated?
- Protect: Information protection process and procedures
 - Are your systems up to date? Patched?
 - Do you provide employee training?
- Detect: Computer anomaly detection
 - How do you detect computer performance issues?
 - Is your agency conducting continuous malicious activity detection?
- Respond: Planning & Communication
 - Do you have short-term and long-term plans for responding to systems failure?
 - What is your method for identifying which systems are affected?
 - Do you have contingency plans for working without an IT system (i.e., paper charting)?
 - How will you communicate and share information vertically throughout your agency and horizontally to partner agencies?
 - Who needs to be notified of any suspicious cyber activity?
 - Notify the IT Director & Legal Officer of any suspicious activity. These two personnel will assist in the
 determining if it is an internal or an external threat. They will also assist with contacting patients and
 others who feel aggrieved.
 - Consider contacting local law enforcement & FBI Cyber Unit at cywatch@ic.fbi.gov or 855-292-3937.
 The regional FBI field office in Kansas City can be contacted at (816) 512-8200.
- Recover: Prioritization, Communication of the Recovery
 - Does your staff know which systems they use daily and which systems are a priority?
 - Should you prioritize individually or by group (i.e., clinical, administrative, logistic, fiscal)?
 - How will you communicate about the recovery process with your staff, vendors, patients and public Communication?
 - What are the legal ramifications? Is there any impact on your organization's reputation?

View an example of a Cyber Annex which should be a part of your overall Emergency Operations Plan by looking at the KDHE Preparedness Standard Operating Guides webpage. Additional information about cyber security can be found on KS-TRAIN, Course ID#1070513. This course, General IT Security Awareness Training, is a 45 minute course providing awareness on system security requirements and responsibilities required to protect IT systems and data.

Learn the Best Way to Describe a Health Risk with the CDC's Clear Communication Index



Communicating health risks can be challenging, especially if an emergency situation is at hand. People are better able to make informed health decisions when they understand the cause and effect associated with a risk.

The CDC Clear Communication Index item #18 recommends that you state clearly the threat or harm and how and why people may be affected. For more information on how to communicate health

risks,

2017 Schedule Meetings and Conferences Impacting Local Public Health Agencies

Funding Opportunities

NACCHO Funding Opportunity - Improving HIV Outcomes through Collaboration - Deadline October 5

The National Association of County & City Health Officials (NACCHO) is pleased to announce a funding opportunity for local health departments (LHDs). With support from the Centers for Disease Control and Prevention's Division of HIV/AIDS Prevention (DHAP), NACCHO will be offering funding to up to three LHDs to increase LHD and community health center (CHC) capacity to establish meaningful, collaborative, and sustainable partnerships to improve HIV outcomes and reduce health-related disparities. With support and technical assistance from NACCHO, funded LHDs will be responsible for exploring and planning innovative and collaborative approaches with CHCs to improve HIV outcomes within their communities. Project activities will focus on building local capacity to establish new or enhance existing partnerships between LHDs and CHCs, engaging community members in a collaborative action planning process, identifying collaborative strategies to improve local HIV outcomes, and developing action plans for the implementation of identified strategies.

Application requirements and full details of the project are available in the Request for Applications. Applications are due on October 5. Questions can be directed to Mardregus Harris, Senior Program Analyst, HIV, STI, and Viral Hepatitis, at mharris@naccho.org or 202-783-1418.

Health Impact Project - Deadline October 16



The Health Impact Project will select at least loar partitions to sun, solver a maximum of 18 months to sustainably integrate health considerations into system of 18 months to sustainably integrate health considerations into system of 18 months to sustain a support their efforts. PROJECT tems or policies and receive funding of up to \$45,000 to support their efforts.

The Health Impact Project (Project), a collaboration of the Robert Wood Johnson Foundation and The Pew Charitable Trusts, is a national initiative designed to reduce health inequities and improve the health of all people by ensuring that health is a valued and routine consideration in decisions affecting them.

The Proiect seeks partners who work nationally, regionally, in multiple states or at the state level to implement systems and policy changes that have the potential to improve social determinants of health and health equity. Applicants will present potential systems-wide changes that can occur in the 18-month timeframe, either internal to their organization or in systems outside of their organization that they can influence. The Project will collaborate to support that change, as well as provide limited funding.

Selected partners will:

- Craft and refine, in partnership with the Project, an aggressive but achievable outcome-based goal to implement a systems or policy change that will meaningfully affect one or more social determinants of health in multiple jurisdictions.
- Draw upon existing evidence connecting the selected policy or systems change to health. The County Health Rankings "What Works for Health" database, ChangeLab Solutions Model Laws and Policies, and the de Beaumont Foundation's CityHealth have documented the evidentiary support for many policies.
- Define success and choose metrics, indicators, or other data to measure it.
- Secure and document a commitment by the partner organization's leadership, or the ultimate decision-maker if the change is outside the partner organization, to implement the systems or policy change and create a sustainability plan for how to maintain it.
- If relevant to the initiative, forge or strengthen cross-sector partnerships to support the implementation of the systems or policy change.
- Document and disseminate activities in a publicly available report or other product that includes actionable recommendations for other jurisdictions to build off of and implement the strategy and lessons learned.
- Partners will be expected to travel to Washington, DC, at least once during the course of the project for an inperson meeting and should budget for at least one staff person to travel and attend, estimated as a two-night

The Project will serve as an active partner in these initiatives and is able to contribute in-kind support of up to 250 hours per partner, depending on the needs of the initiative. Additional details on the support available from the Project are available in the Request for Proposals (RFP).

All application materials must be submitted by 7 p.m. on October 16 through The Pew Charitable Trusts online application system. The online application includes the following components: background information; proposal narrative; and letters of commitment. After the initial screening, applicants may be asked to provide additional information which will include: resumes; final budge and budget narrative; and financial materials. Additional information about this funding opportunity can be found in the RFP. Questions regarding the application process can be answered by contacting Project staff at healthimpactproject@pewtrusts.org or 202-540-6012.

Healthy Places for Healthy People - Deadline October 25

Healthy Places for Healthy People engages with community leaders and health care partners to create walkable, healthy, economically vibrant downtowns and neighborhoods that can improve health, protect the environment, and support economic growth. These partners include community health centers, non-profit hospitals, and other health care facilities.

Healthy Places for Healthy People will provide selected communities with planning assistance that centers around a two-day community workshop. At the workshop, a team of experts will help community members develop an implementable action plan that will focus on health as an economic driver and catalyst for downtown and neighborhood revitalization. This assistance is not a grant, and the program does not provide money directly to communities.

Eligible applicants include local government representatives, health care facilities, local health departments, neighborhood associations, main street districts, nonprofit organizations, tribes, and others proposing to work in a neighborhood, town, or city located anywhere in the United States.

Additional information on this opportunity, including the application, is available online. All applications must be submitted on October 25. If you have questions about the program or the application process, please see the Frequently Asked Questions webpage. If your question is not answered there, please email HP2Wepa.gov.

Local Foods, Local Places - Deadline October 25

The Local Foods, Local Places Program helps communities reinvest in existing neighborhoods and revitalize downtowns through the development of local food systems. To date, nearly 80 communities have benefitted from assistance with support from the Environmental Protection Agency, the U.S. Department of Agriculture, the Centers for Disease Control and Prevention, and other partner agencies.

The Local Foods, Local Places Program supports locally led, community-driven efforts to protect air and water quality, preserve open space and farmland, and promote childhood wellness. Local Foods, Local Places aims to support projects that do all of the following:

- Create livable, walkable, economically vibrant main streets and mixed-use neighborhoods.
- Boost economic opportunities for local farmers and main street businesses.
- Improve access to healthy, local food, especially among disadvantaged populations.

Applications for the funding opportunity are due October 25. Visit the website for case studies about some of the communities that have hosted Local Foods, Local Places workshops. In order to access the application, visit the website.

Fall 2017 Fuel Up to Play 60 Grant Funding - Deadline November 1

Fuel Up to Play 60, the in-school nutrition and physical activity program from National Dairy Council, Midwest Dairy Council and the National Football League, in collaboration with United States Department of Agriculture (USDA), is helping to make wellness part of the game plan in more than 73,000 schools across the country.

Funding opportunities for Fuel Up to Play 60 are available to K-12 schools enrolled in Fuel Up to Play 60. The competitive, nationwide funding program is designed to support schools that implement Plays from the 2017-2018 edition of the Fuel Up to Play 60 Playbook. Whether you're just starting out with Fuel Up to Play 60 or looking to expand and extend an initiative that's already in motion, funding opportunities from Fuel Up to Play 60 can help. Funding opportunities for Fuel Up to Play 60 are competitive – funds are awarded based on the quality of the application and the suitability of the specific request.

To download a PDF version of the application and find instructions to apply for funding, visit FuelUpToPlay60.com. The deadline to apply is November 1.

Robert Wood Johnson Foundation Culture of Health Prize - Deadline November 3

Culture of Health Prize

The Robert Wood Johnson Foundation 2018 Culture of Health Prize call for applications is now open. The Culture of Health Prize is an annual competition honoring communities that have placed a priority on health and are creating powerful partnerships and deep commitments to provide everyone with the opportunity to live well. A Culture of Health recognizes that health and well-being are greatly influenced by where we live learn work, and play; the

Robert Wood Johnson Foundation that health and well-being are greatly influenced by where we live, learn, work, and play; the safety of our surroundings; and the relationships we have in our families and communities. The Prize elevates the compelling stories of local leaders and community members who together are transforming neighborhoods, schools, businesses, and more - so that better health flourishes everywhere. Prize communities will receive \$25,000, have the opportunity to share their story and lessons learned with the country, and join a national network of past winning communities.

Applications will be based on the following criteria:

- Defining health in the broadest possible terms.
- Committing to sustainable systems changes and policy-oriented long-term solutions.
- Creating conditions that give everyone a fair and just opportunity to reach their best possible health.
- Harnessing the collective power of leaders, partners, and community members.
- Securing and making the most of available resources.
- Measuring and sharing progress and results.

More information about the selection criteria, the application, and eligibility requirements can be found online. Before applying applicants must review a sample application; the Funding Opportunity Brochure; and Frequently Asked Questions. If interested in learning more, register for an informational webinar will be held on September 20, 2:00 p.m. The deadline for applications is November 3.

Community Change Grants - Deadline November 10



America Walks, partners of the Every Body Walk! Collaborative, the W.K. Kellogg Foundation and other generous sponsors, are excited to announce another round of their popular micro grant WALKS funding. This program will award grantees up to \$1,500 in community stipends for projects related to creating healthy, active, and engaged places to live, work, and play.

Walkable communities lead to improved safety and health for community members of all age, abilities, genders, and backgrounds. They engage all community members in the work being done to create safe, accessible, and enjoyable places to walk and be physically active. These communities see benefits for all community members to individual health and wellness, community interaction, economic vitality, and environmental sustainability. Advocates must be diligent in making sure that every community member has access to these benefits, and it is our hope that these funds can help with that.

Most importantly, walking and walkabilty can help to bridge community divides and overcome existing disparities. To make and keep walking and walkability a priority in neighborhoods and communities so these benefits are equally available to all, a strong, connected group of local advocates and dedicated organizations are needed This grant program aims to support and grow this network of advocates and organizations and to strengthen communities' sustainability.

Funded projects will increase walking and benefits of walkability in communities, work to grow the walking movement by engaging people and organizations new to the efforts, and take steps towards creating a culture of inclusive health.

Please contact Heidi Simon at hsimon@americawalks.org with questions. Applications are due through submission of an online form by November 10.

Community Food Projects Competitive Grant Program - Deadline December 4

The National Institute of Food and Agriculture (NIFA) and the U.S. Department of Agriculture (USDA) have announced a funding opportunity through the Community Food Projects Competitive Grants Program (CFPCGP). The primary goals of the CFPCGP are to meet the needs of low-income individuals through food distribution, community outreach to assist in participation in Federally assisted nutrition programs, or

improving access to food as a part of a comprehensive service; increase the self-reliance of communities in providing for the food needs of the communities; promote comprehensive responses to local food access, farm, and nutrition issues; and meet specific state, local, or neighborhood food and agricultural needs including needs related to equipment, planning for long-term solutions, or the creation of innovative marketing activities.

NIFA is currently seeking applications for the CFPGP under the following areas: Community Food Projects (CFP) and Planning Projects (PP). CFPs should be designed to create community-based food projects with objectives, activities and outcomes that are in alignment with CFPCGP primary goals. The purpose of a Planning Project is to complete a plan toward the improvement of community food security in keeping with the primary goals of the CFPCG. PPs should focus on a defined community and describe in the detail the activities and outcomes of the planning project. Preference will be given to CFPs and PPs designed to:

- Develop linkages between two or more sectors of the food system;
- Support the development of entrepreneurial projects;
- Develop innovative connections between the for-profit and nonprofit food sectors:
- Encourage long-term planning activities, and multi-system, interagency approaches with collaborations with multiple stakeholders that build the long-term capacity of communities to address the food and agricultural problems of the communities, such as food policy councils and food planning associations; or
- Develop new resources and strategies to food insecurity in the community and prevent food insecurity in the future by developing creative food resources; coordinating food services with park and recreation programs and other community based outlets to reduce barriers to access; or creating nutrition education programs for at-risk populations to enhance food purchasing and food-preparation skills and to heighten awareness of the connection between diet and health.

Applicants for CFP and PP must be public food program service providers, tribal organizations, or private nonprofit entities, including gleaners. Applicants must have experience in the area of community food work; demonstrate competency to implement a project, provide fiscal accountability, collect data, and prepare reports and necessary documentation; demonstrate a willingness to share information with researchers, evaluators, practitioners, and other interested parties; and collaborate with one or more local partner organization.

Further information on this funding opportunity including the eligibility requirements is available online. Applications are due by December 4.

Training and Conference Announcements

Webinar - Workplace Wellness: Walk This Way - October 5

Join America Walks for a webinar on workplace wellness policies on October 5, 1 p.m. Healthier **AMERICA** workers are more productive, have fewer sick days, and have decreased health care costs. Given that WALKS many adults spend half their waking hours at work, the workplace can play a big role in supporting positive lifestyle changes. Workplace wellness, though, does not begin and end at the office door. Employee wellness and community health are fundamentally linked. Recognizing this connection, with funding from the Centers for Disease Control and Prevention, America Walks invites you to attend their webinar Walk This Way, which will provide an overview of state and local policies that support physical activity and wellness in and around the workplace. Register for the webinar online.

Webinar - Giving and Receiving Feedback for Personal and Professional Growth - October 9

The Region IV Public Health Training Center is hosting a webinar on giving and receiving feedback on October 9, 11 a.m. Without feedback, individuals and organizations cannot grow. Feedback is the key to better serving your community and getting the most out of your team. But giving and receiving feedback can be incredibly uncomfortable and unproductive. And when done poorly, feedback can actually be destructive. In this interactive and light-hearted session, learn the right questions to ask and how to handle the feedback—good or bad—with courtesy and professionalism. Get tools in how to deliver feedback that is specific, actionable and measurable. So instead of shrinking from feedback you can embrace it for the opportunity it is. Register for the webinar online.

Webinar - Niños saludables - Addressing Childhood Obesity among Latinos - October 12

The Office of Minority Health Resource Center will partner with other federal agencies and stake-RESOURCE holders to highlight the prevalence data and explore the factors, such as culture, behavior, and envi-CENTER ronment, that have contributed to the increase of obesity in Latino children of all ages over the past 30 years. The webinar will also highlight programs and strategies to address this issue. The webinar will be held on October 12, 1 - 2:30 p.m. Register for the webinar online.

New HIPAA Modules on Kansas TRAIN

The Kansas TRAIN staff at the Kansas Department of Health and Environment are Kansas TRAIN pleased to announce the addition of three new HIPAA modules to Kansas TRAIN at http://ks.train.org (or https://www.train.org/ks/_on September 28). Based in part on sce-

narios developed by the Kansas Department of Children and Families, this updated and expanded module series highlights current HIPAA regulations and is tailored for the Kansas public health and healthcare workforce. We recommend the modules for new employees, employees who have not had HIPAA training in the past or as a refresher course. The modules must be completed in order and will take approximately 20 minutes per module.

Users of these materials should consult with your supervisor and/or HIPAA Compliance Officer who is familiar with HIPAA requirements and can respond to specific questions or provide interpretations.

HIPAA Awareness - Module 1 (1047429) - After completing this course, you will be able to:

- Explain the source of HIPAA
- Identify two HIPAA rules
- Indicate two on-site HIPAA information sources
- Identify two violation consequences

HIPAA: Allowable Disclosures and Safeguards - Module 2 (1072478) - After completing this course, you will be able to:

- Define minimum necessary applicable to job and determine correct actions
- Differentiate exempt disclosures from non-exempt Protected Health Information and determine correct actions
- Determine correct action related to incidental disclosure
- Determine possible PHI and how to safeguard it
- Respond correctly to information transmission format scenarios
- Locate a resource for further information

HIPAA: Right to Access and Documentation - Module 3 (1072486) - After completing this course, you will be able to:

- Recognize that your organization has HIPAA forms
- Recognize your organization has a compliance officer
- Demonstrate concept mastery through scenario decision making
- Locate resources for further information

2017 Kansas Public Health Association Conference - October 10 - 11



The 74th Annual Kansas Public Health Association Conference will be held at the Hilton Garden Inn Manhattan, October 10 - October 11. Conference sessions will focus on many public health issues important to Kansas, including the theme, "KPHA 2017: It's Time to Activate". Keynote presenters will include Michael Kobernick, MD, MS, CPE, Chief Medical Officer, SmartHealth; Alan Gilbert, JD, Director, Global Government and NGO Strategy, healthymagination, GE; and a panel presenting on "A Journey to Population Health and Value Based Care. For more information visit the conference website. View the brochure online for additional information about the conference including breakout sessions, poster presentations, and more. Registration is available online. Register by Sep-S TIME TO ACTIVATE tember 15 for the early bird registration rate.

Registration Open for 2017 Heartland Conference in Overland Park - October 17 - 18

Registration is now open for the 2017 Heartland Conference on Health Equity and Patient Centered Care. The Heartland Health Conference on Health Equity and Patient-Centered Care (formerly called the Partnering for Health conference) will feature two days of programs and strategies that address health equity and social justice in population health and health care. The conference will highlight partnerships and collaborations, and will provide opportunities to share innovations in community engagement, primary care, patient centered care, community health work and public health. Continuing education units are available to attendees. The Conference will take place on October 17 - 18, in Overland Park. Information about the conference including how to register is available online.

Fetal and Infant Mortality Review Conference - October 18-19



Since 2010, Kansans have collaborated in finding ways to improve our infant mortality rate-a key indicator of community health. And we've made progress. In September 2016, the state reported a record-low infant mortality rate. However, our babies of color continue to die before their first birthday at a much higher rate-Hispanic babies half as much more often, and African American babies twice as much. Come learn with us from nationally renowned speakers, local community leaders, and research experts and how to make your Fetal and Infant Mortality Review program

more robust and how you can be an instrument for change to help more babies thrive in Kansas.

The event will feature Renaisa Anthony, MD, MPH, as a keynote speaker. Dr. Renaisa Anthony is the Deputy Director of the Center for Reducing Health Disparities at the University of Nebraska Medical Center. Dr. Rachel Moon will also deliver a keynote address. Dr. Moon studies factors, including the influence of the social network and social norms, that affect sudden infant death syndrome (SIDS) and other sleep-related infant deaths. The final keynote address will be delivered by Dr. Arthur James, an infant mortality expert and an obstetrician-gynecologist at Ohio State University. Attendees can choose between breakout sessions such as the H.E.A.T Report, Zero to One Project, Maternal and Infant Mental Health, Being a Minority Mother in a Majority Culture, and Safe Sleep and Cultural Practices. More information about the conference, including how to register, is available online.

Webinar - A Model Population Health Initiative: Reducing Costs by Going Upstream - October 23



The Public Health Foundation will host a webinar highlighting the winner of the 2017 Future of Population Health Award on October 23, 12:30 p.m. Harbor Place, the 2017 Future of Population POPULATION Health Award winner, provides temporary transitional housing for homeless patients discharged form the University of Vermont Medical Center. The hospital recognized the need to address homelessness - an upstream cause of repeat hospitalization for chronic diseases. The program

has significantly reduced use of hospital services and costs. Included in the webinar will be exploration of success factors, the challenges faced, and the future expansion of this model initiative. Register for the webinar online.

2017 Oral Health Kansas Conference - November 2-3

The Oral Health Kansas Conference will be held at the K-State Olathe Campus on November 2 - 3. The keynote speaker, Brittany Seymour, DDS, MPH, will speak on Friday, November 3. Dr. Seymour is an assistant professor in the Department of Oral Health Policy and Epidemiology at the Harvard School of Dental Medicine. She is a Faculty Associate at Harvard's Berkman Klein Center for Internet and Society and a public health research consultant for MIT's Center on Civic Media. Dr. Seymour will share insight about how the internet and social media have changed our ways of communicating and how the internet shapes the public perception of issues like community water fluoridation. Perception matters more than facts, and this session will help attendees learn how to adapt to the changing communication environment.

Browse the conference brochure and register online. Participants are encouraged to register early as space is limited and the early bird registration price ends October 3.

Rural Tobacco Control and Prevention Toolkit

Rural Tobacco Control and **Prevention** Toolkit



The Rural Health Information Hub has developed a toolkit to provide evidence-based examples, promising models, best practices, and resources that your organization can use to implement programs for tobacco control and prevention. There are seven modules in the toolkit. Each module contains information and links to resources that your organization can use to design, implement, evaluate, sustain, and disseminate rural programs for

tobacco control and prevention. To view the resources, visit the webpage.

Continuing Education Available from Medscape and MMWR: Update on U.S. Pregnant Women and Infants with **Recent Zika Virus Exposure**

The Centers for Disease Control and Prevention (CDC) has partnered with Medscape to provide a free con-🛮 🔰 tinuing education (CE) activity on U.S. pregnant women and infants with recent Zika virus exposure :Vital Signs: Update on Zika Virus -Associated Birth Defects and Evaluation of All U.S. Infants with Congential Zika

Virus Exposure-U.S. Zika Pregancy Registry, 2016. This activity is intended for infectious disease clinicians, public health officials and other clinicians who treat and manage women of reproductive age who may be exposed to Zika virus and risk for birth defects in the offspring. Upon completion of this activity, participants will be able to assess reported cases of Zika virus exposure during pregnancy, as well as associated interventions; compare birth defects among offspring of mothers with Zika virus exposure during pregnancy; and determine clinical implications of the findings from analysis of US Zika Pregnancy Registry data in 2016. Participate in this activity online.

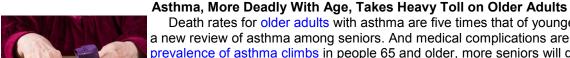
CDC Offers Training Tools for Healthy Schools



Many schools are back in session. Training Tools for Healthy Schools provides school staff, public health professionals, and parents with tools for creating a healthy school environment that promotes academic success. Three of the four modules in this series offer free continuing education credit for nurses. Modules cover how to develop a comprehensive school physical activity program, promote healthy eating and physical activity, implement the School Health Index, and get parents involved.

- Training Tools for Healthy Schools: Module 1: School Health Guidelines to Promote Healthy Eating and Physical Activity (Web Based) - WB2613, Course ID# 1060649
- Training Tools for Healthy Schools: Module 2: School Health Index: A Self-Assessment and Planning Guide (Web Based) - WB2614, Course ID# 1060628
- Training Tools for Healthy Schools: Module 3: Comprehensive School Physical Activity Program: A Guide for Schools (Web Based) - WB2615, Course ID# 1060636
- Training Tools for Healthy Schools: Module 4: Parents for Healthy Schools, Course ID# 1071633

News and Resources



Death rates for older adults with asthma are five times that of younger patients, according to a new review of asthma among seniors. And medical complications are more common. As the prevalence of asthma climbs in people 65 and older, more seniors will grapple with its long-term impact. Estimates vary, but up to 9 percent of older adults are thought to have asthma - a respiratory condition that inflames the lungs and interferes with breathing. With the advance of years, physical changes take a toll. People's lungs become less elastic, their chest walls more

rigid, and the muscles that help power the respiratory system less strong, exacerbating breathing problems, explained Dr. Michael Wechsler, a professor of medicine and co-director of the Cohen Family Asthma Institute at National Jewish Health, and co-author of the new review.

Get Up at Least Once Every 30 Minutes. Failure to Do So May Shorten Your Life, Study Finds

You can spend a lot of accumulated time on your bottom in the course of a day. Or you can sit for lengthy spells without a break. Both, it turns out, are very bad for you. Whether you're a heavy sitter or a binge-sitter, racking up prolonged sedentary time increases your risk of early death, according to a study published in Tuesday's edition of the Annals of Internal Medicine.

Risky Drinking Habits on the Rise Among U.S. Adults

High-risk drinking among U.S. adults increased about 30 percent between 2001-2002 and 2012-REUTERS 2013, according to a new study that called the proportion Americans developing alcohol dependence a "public health crisis." The study defined high-risk drinking as regular consumption of four drinks a day for women or five for men. U.S. adults with an alcohol use disorder, defined as a dependence on alcohol, also increased nearly 50 percent during the period studied, researchers found. Increases in drinking were greatest among women, older adults, racial and ethnic minorities and people with low education and income levels, the study found.

The Benefits of Early Childhood Education and Health Programs May Last Longer Than a Lifetime New research suggests programs aimed at helping low-income U.S. children, such as THE WALL STREET JOURNAL Head Start early childhood education and Medicaid health coverage, may have benefits not only for participating children but for their children as well.

10 Policies to Prevent and Respond to Childhood Lead Exposure



The ongoing lead contamination crises, as well as the surge of news reports about lead risks in communities across the country have shone a national spotlight on the problem of childhood lead exposure. The increased public awareness and scientific evidence that lead poisoning is completely preventable make this a critical moment for action to protect the nation's children, enhance their opportunities to succeed, and reduce costs to tax-

With that background, the Health Impact Project convened a team of researchers to assess the implications of child-hood lead exposure and perform a cost-benefit analysis of various policies to prevent and respond to the problem. The study team conducted a literature review, case studies, interviews, national listening sessions, focus groups, and quantitative analyses using a number of different models.

Job Postings

Franklin County Health Department

Registered Nurse

- **Geary County Health Department**
- WIC Registered Dietitian
- Assistant Nursing Director
- WIC Registered Nurse
- WIC Coordinator
- Health Nurse 1 RN

Harvey County Health Department

- Community Health Nurse
- Registered Nurse (part-time)

Pawnee County Health Department

Public Health Administrator

Pottawatomie County Health Department

- Medical Secretary
- Public Health RN (LPN considered)

Reno County Health Department

- Epidemiologist
- Public Health Nurse II
- Home Health Aide/Certified Nurse Aide
- Woman's Health Supervisor

Riley County Health Department

• Public Health Nurse - Mother & Infant Program

Saline County Health Department

Home Health Registered Nurse

Sedgwick County Health Department

- Bi-lingual Healthy Babies Community Liaison
- Mobile Immunization Nurse
- Office Specialist/Clerk | WIC

- Registered Dietician
- Immunization Clinic Nurse I
- Immunization Service Coordinator



Career opportunities at the Kansas Department of Health and Environment can be found here.

Kansas Department of Health and Environment Program Newsletters

2017 KDHE News Releases Epi Updates Newsletter Kansas Environmental News Kansas Health Statistics Report Kansas Statewide Farmworker Health Program Newborn Screening Newsletter Nutrition and WIC Update Ready Reader What's Happening Wednesday (Immunization)

Public Health Connections Information

To receive the monthly E-Newsletter, email phc@kdheks.gov. Previous issues of Public Health Connections may be found at http://www.kdheks.gov/olrh/public_health_connections.htm.

Send your public health news to

Katie Mahuron at katie.mahuron@ks.gov.